

WHAT IS REFLECTIVE PRACTICE

AND

WHAT DOES IT MEAN FOR YOU?

Definition of Reflective Practice:

- Educators question and develop their philosophy, ethics and practice to inform and enrich their decision-making about children's learning
- Educators review current practice and reflect on what they can do differently

You may wish to ask yourself the following questions when reflecting on your work with young children weekly: (add any of your own that are appropriate for your service or situation)

- What do I know about each child?
- What is something positive I know about each child?
- What learning and theory understanding do I have to inform my work?
- How does my practice affect each child, family or team member, for good or bad?
- Am I approachable for colleagues, families and children?
- Do I offer the same courtesy and respect I expect in return?
- Do I understand each child's family culture and community?
- Are there parts of my work that I don't clearly understand and how can I improve these?
- How do I feel about various aspects of my work - what inspires me, makes me uncomfortable, challenges me and interests me?
- Does my appearance reflect my professional educator role?
- Do I share with and support colleagues as much as I could or should?